

Application to the Comprehensive Training in **Hakomi Mindful Somatic Psychology**

Please supply all information asked for and answer all the questions as completely as you can. Please send your completed application along with a recent photo of yourself to hakomisouthwest@gmail.com. Please send the application fee of \$85 through Paypal to that same email address. The Training faculty is prepared to accommodate a diversity of personal backgrounds and professional experience, enabling each student to study and develop at her/his/their own pace. Applications for the Comprehensive Hakomi Training are considered without regard to gender identity, sexual orientation, race/ethnicity, ability, age or religion.

Personal Information

Name: _____

Date of birth: _____

Address: _____

Phone: home: _____ work: _____ cell: _____

E-mail address: _____

Emergency Contact: _____

Address/Phone number of Emergency Contact: _____

Hakomi Experience (use separate paper if necessary)

Trainer or Teacher(s) of Hakomi workshops you have taken:

Workshop Titles and Dates:

Any other folks in the Hakomi community you would consider to be references:

Professional Education and Experience

For information about the training please contact Gregory Gaiser at 650-919-3103

Starting with the most recent, please list your previous employers, length of employment, and duties, as well as your educational history, including institutions, fields of study, dates and length of study, and degrees or certifications. List any professional licenses or designations. A current resume may be used for this section.

Autobiographical Information

What draws you to the study of Hakomi?

How do you want to apply the Hakomi method? How does it fit with your career and life goals?

Describe your experience working with clients in private sessions. Describe your clientele, approach, and degree of satisfaction with this experience.

Hakomi students are expected to have done their own personal growth work. What has been your experience as a client in psychotherapy, bodywork, movement or related workshops? Mention the type of therapy, date and length of time, and how the work affected you.

The Hakomi Training is a significant group experience, and as such can access family of origin issues and dynamics. What is your experience of yourself as a participant in groups? What challenges do you encounter in groups? What creates safety for you in groups?

Do you have any challenges or special needs which could impact your participation in the Hakomi learning environment? What would support you?

Anything else you would like us to know about you?