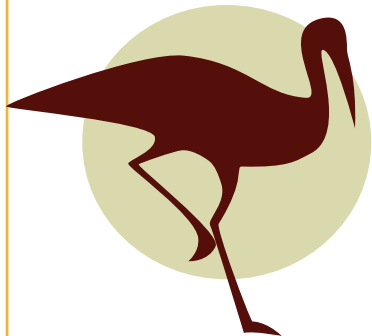


# Advanced Supervision: Character- Informed Interventions



## Advanced Training for Hakomi Graduates

with  
**Morgan Holford &  
Lorena Monda**  
Certified Hakomi Trainers

Albuquerque, New Mexico

October 24-25, 2015,  
January 23-24, 2016,  
April 30-May 1, 2016,  
September 17-18, 2016,  
October 29-30, 2016

## Live Supervision, Practice & Review

In this five-part training we will be offering supervision to Hakomi Comprehensive Training graduates using the Character Map as a guide to refining our therapeutic interventions. You will get personally tailored direction and feedback, helping you to gain insight into your particular style as a Hakomi therapist. Each segment will be a combination of live supervision, didactic, and experiential exercises based on the group's needs.

This advanced training is appropriate for those working towards certification, already certified Hakomi Therapists and Practitioners, and all other Hakomi grads wishing to deepen their Hakomi Skills.



### For more information~

Morgan Holford  
511 Fulton Ln.  
Santa Fe, NM 87505  
505-988-7641  
email: [moca108@msn.com](mailto:moca108@msn.com)



## Faculty

**MORGAN HOLFORD** has been practicing and teaching Hakomi for close to 30 years. She has a background in body therapies, and designed and teaches Hakomi for Bodyworkers. She loves working with Hakomi graduates through supervision and certification. Morgan lives and practices in Santa Fe, New Mexico and teaches Hakomi throughout the US.

**LORENA MONDA** has been a psychotherapist since 1977 and a Doctor of Oriental Medicine since 1984. She is a trainer for the Hakomi Institute and the author of the book *The Practice of Wholeness: Spiritual Transformation in Everyday Life* and a co-editor of *Hakomi Mindfulness-Centered Somatic Psychotherapy* (Norton, May 2015). She lives and practices in Placitas, New Mexico and teaches Hakomi in the US and Japan.

# Character-Informed Interventions

## Registration

Hakomi character theory offers a sophisticated, therapeutic map, which allows for tailor-made interventions that specifically address clients' particular developmental woundings and underlying positive life themes. It is rare for students of Hakomi to feel confident with the character map after their first exposure in Hakomi training. In light of this, we offer this advanced supervision to help Hakomi graduates hone their therapeutic skills by deepening their understanding of character-informed therapeutic interventions.

### **First Weekend—Being and Belonging** October 24-25, 2015

We will focus on the life themes of Safety, Being, and Belonging and therapeutic interventions for working with the Sensitive/Withdrawn or Containing Character Strategy.

### **Second Weekend—Support** January 23-24, 2016

This weekend we will look at interventions that center on the theme of Support, and review working with the Dependent/Endearing and Self-Reliant or Conserving Strategies.

### **Third Weekend—Intimacy & Authenticity** April 30-May 1, 2016

We will dedicate this weekend to the themes of Intimacy and Authenticity and look at therapeutic interventions with the Tough/Generous and Charming Seductive or Expansive Strategies.

### **Fourth Weekend—Freedom** September 17-18, 2016

The focus this weekend will be on the life theme of Freedom and working with the Burden/Enduring Strategy.

### **Fifth Weekend—Worth** October 29-30, 2016

This final weekend, we will explore the theme of worth and our interventions with the Industrious/Over-focused (Producing) and Expressive/Clinging (Attracting) Strategies.



### **What previous students have said about our supervision weekends:**

*"This training was terrific for both refreshing Hakomi skills and refining them. I felt like I benefitted profoundly from the small-group learning structure, and from regular supervision. . . . I also feel more confident about moving forward towards certification."* --E., Texas

*"Morgan and Lorena, you are both very knowledgeable yet so accessible as human beings. I appreciate the flexibility you provided for my sessions and my learning style. I feel so grateful for the teachings you offer."* --M., Colorado

*"I am glad I took this training and feel that it has greatly supported my growth as a therapist."* --R., New Mexico

### **On a separate sheet of paper please include:**

**Name~**

**Address~**

**Phone~**

**Email~**

**Profession~**

**A summary~** of your Hakomi training experience (including training dates, location, and trainers), your current experience with Hakomi in your clinical practice, your certification status, and a brief statement about your learning edges and what you would like to get out of this training.

### **Email registration or questions to:**

**moca108@msn.com**

**Tuition~** \$1625 if registered and paid in full by October 1, 2015; \$1700 thereafter.

### **Payment~**

**By check to:**

Morgan Holford

511 Fulton Ln.

Santa Fe, NM 87505

**Payment by Paypal is also available for a 4% surcharge.**